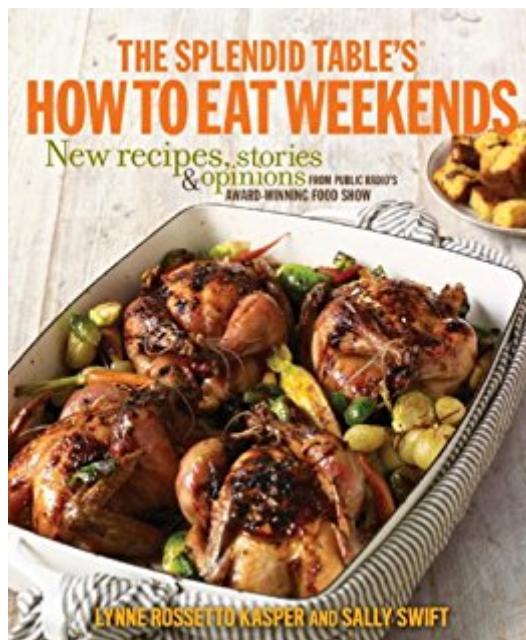


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# The Splendid Table's How To Eat Weekends: New Recipes, Stories, And Opinions From Public Radio's Award-Winning Food Show



## Synopsis

In this enticing follow-up to their first book, Lynne Rossetto Kasper and Sally Swift, host and producer of The Splendid Table public radio show, celebrate Saturday and Sunday—“those two days of the week when the pressure is off, time becomes your ally, and you get to slow down and dig into cooking in a different way. In The Splendid Table’s How to Eat Weekends featuring 100 recipes, Lynne and Sally take you on escapades for a deeply pleasurable experience. They want you to head to different neighborhoods and markets, gather up ingredients, and embrace new cooking techniques and flavors that will carry over into your everyday meals. They include backstories about the rituals and reasons behind particular dishes (such as why lettuce figures into southern Chinese New Year celebrations) and take you deep into the aromatic aisles of ethnic markets and neighborhoods. Here are the recipes for weekends, when you can enjoy the journey of cooking rather than just the destination. The recipes are accessible and their directions easy to follow whether you’re a rookie or more experienced in the kitchen. Begin a meal with Rice Paper Rolls of Herbs & Shrimp or Mahogany-Glazed Chicken Wings. Try Scandinavian Broth with Scallop—“Smoked Salmon Drop Dumplings; Barley Risotto with Saffron, Corn & Chives; or Sichuan-Inspired Pickled Vegetables. Main courses include Yucatán Pork in Banana Leaves; Timbale of Sweet Peppers, Greens & Hominy; and Leg of Lamb with Honey & Moroccan Table Spices. Readers will also find lots of variations and ideas for leftovers in “Work Night Encores,” expert wine pairings, and musings—“plus the stories, quips, and history that Splendid Table fans have come to love. The Splendid Table’s How to Eat Weekends is an essential addition to any cookbook shelf.

## Book Information

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## **Customer Reviews**

This is a cookbook for those who wish to have some complex flavorings and offerings and have the time to prepare the recipes that are described with great detail. This is why this is a weekend cookbook; you will definitely need the hours that a weekend provides for many of these dishes. There is plenty of help and guidance, but this is certainly not for the beginning cook or those who just want simple comfort food or have simple tastes. A section of menus is provided using recipes that are included in the pages. Menus are for the following meals: Mexican, Vietnamese, Italian, Indian, Chinese, Winter Holiday, Potluck Thanksgiving, and Vegan Thanksgiving - that alone will be a reason for some to buy this book. However do not think these are the simple menus they might sound like. The Mexican Comida is an example of what all these menus have...an introduction, a schedule of days in advance preparation a picture of the feast with dishes labeled, kitchen tools and supplies needed and unique culinary techniques. Then the food consists of: tomatillo salsa with fresh cheese from El Cardenal, Jicama & mango sticks in chili and lime, Yucatan pork in banana leaves, black beans & rice, corn tortillas, chili-spiked Mexican wedding cakes, watermelon water. There are suggestions for wine throughout the book, information given includes, serving size, prep time, cooking time, how long it can be refrigerated or frozen. Culinary tips are also incorporated. Recipes included are: starters, snacks and small plates, soups and salads, pasta and grains, casseroles, vegetarian and vegan main dishes, poultry, fish and seafood, pork, lamb, beef, sides and sweets. There are many pictures of the dishes throughout and there is an index.

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